

Forever I Do

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MUSIC: "I Do" Ten by Derek Ryan
SOURCE: Amazon or i-Tunes download
RHYTHM: Waltz
PHASE (+): II
FOOTWORK: Opposite unless indicated (*W: Woman's footwork in italics*)
SEQUENCE: INTRO A B INTER A B B ENDING

PHONE: +81-90-8079-6201

TOTAL TIME: 3:29

DIFFICULTY: AVERAGE

SPEED: 100% (30MPM)

INTRODUCTION

1 – 8 WAIT 2 MEASURES;; APART POINT; TOGETHER TOUCH; TWISTY BALANCE L & R;; ROLL 3; THRU FACE CLOSE;

- 1 - 4 OP fcg pos fc Wall with ld ft free for both wait 2 meas;;
{apt pt} apt L, pt R, -; {tog tch} rec R, tch L to R, - to Bfly;
5 - 8 {twsty bal L & R} sd L, XLib, rec L (*W sd R, XLif, rec R*); sd R, XLib, rec R (*W sd L, XRif, rec L*);
{roll 3} trng LF (*W RF*) individually mvg twd LOD sd & fwd trn L, sd & bk trn R, cont trn to fc sd L;
{thru fc cl} thru R, sd L, cl R to Bfly Wall;

Part A

1 – 8 WALTZ AWAY; TURN IN (LOP/RLD); BACK WALTZ; BACK FACE CLOSE; WALTZ AWAY & TOGETHER;; SOLO TURN 6;;

- 1 - 4 {WZ awy} trl hnds jnd fwd L trng awy frm ptr, sd & fwd R, cl L; {trn in} fwd R comm RF trn to fc ptr, cont trn sd L, cl R (*W fwd L comm LF trn, cont trn sd R, cl L*) to LOP RLD;
{bk WZ} bk L, bk R, cl L; {bk fc cl} bk R, trng 1/4 LF (*W RF*) to fcg ptr sd L, cl R to Bfly;
5 - 8 {WZ awy & tog} trl hnds jnd fwd L trng awy frm ptr, sd & fwd R, cl L; sd & fwd R trng to fc ptr, sd & fwd L, cl R;
{solo trn 6} fwd L comm LF trn awy frm ptr, cont trn sd R, cl L to comp 3/4 trn; bk R comm LF trn, cont trn sd L, cl R to Bfly Wall;

9 – 16 VINE 3; PICK UP; PROGRESSIVE BOX;; FORWARD TOUCH; BACK TOUCH; 2 L TURNS;;

- 9 - 12 {vin 3} sd L, XLib, sd L; {pkup} thru R, fwd & sd L with LF upper bdy trn ldg Woman to CP, cl R (*W thru L comm LF trn, fwd & sd R in frt of Man trng LF to CP, cl L*) fc LOD;
{prog box} fwd L, sd R, cl L; fwd R, sd L, cl R;
13- 16 {fwd tch} fwd L, tch R, -; {bk tch} bk R, tch L, -;
{2 L trns} fwd L comm 1/4 LF trn, cont trn sd R diag acrs LOD trng 1/4 LF, cl L; bk R comm 1/4 LF trn, sd L twd LOD, cl R to Bfly Wall;

Part B

1 – 8 BALANCE L & R;; TWIRL VINE 3; THRU FACE CLOSE; BOX;; DIP BACK; RECOVER TOUCH;

- 1 - 4 {bal L & R} sd L, XLib, L in plc; sd R, XLib, R in plc;
{twrl vin 3} ld hnds jnd sd L, XLib, sd L; (*W sd & fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd R*); {thru fc cl} XRif (*W XLif*), sd L, cl R to CP Wall;
5 - 8 {box} fwd L, sd R, cl L; bk R, sd L, cl R;
{dip bk} bk L relax knee lvng R leg extndd, - , - ; {rec tch} rec R, tch L, -;

9 – 16 LACE ACROSS; FORWARD WALTZ; THRU TWINKLE 2X;; LACE BACK to LOD; FORWARD WALTZ; BALANCE AWAY & TOGETHER;;

- 9 - 14 {lc acrs} passing bhd Woman w/ld hnds jnd mvg diag acrs LOD fwd L, fwd R, cl L to R (*W passing in frt of Man undr jnd ld hnds and mvg diag acrs LOD fwd R, fwd L, cl R*) to LOP LOD; {fwd WZ} fwd R, fwd L, cl R;
 {thru twkl 2X} thru L trn LF (*W RF*), sd R trn LF (*W RF*), cl L; thru R trn RF (*W LF*), sd L trn RF (*W LF*), cl R to Bfly COH;
- 15- 16 {lc bk} Jnd trl hnds passing bhd W fwd L to DLC (*W fwd R to DLW*), fwd R, cl L to OP LOD;
 {fwd WZ} fwd R, fwd L, cl R;
 {bal awy & tog} sd L, XRib, stp L in plc; sd & fwd R trng to fc ptr, XLib, stp R in plc to CP *Wall;
 *1st & 3rd tims...CP Wall, 2nd tims...Bfly Wall

INTERLUDE

1 - 4 L TURNING BOX;;;:

- 1 - 4 {L trng box} fwd L comm 1/4 LF trn, comp trn sd R, cl L; bk R comm 1/4 LF trn, comp trn sd L, cl R; fwd L comm 1/4 LF trn, comp trn sd R, cl L; bk R comm 1/4 LF trn, comp trn sd L, cl R fcg W;

1 - 16

REPEAT PART A

1 - 16

REPEAT PART B

1 - 16

REPEAT PART B

ENDING

1 - 9 L TURNING BOX;;; (to BFLY WALL); BALANCE L & R;; ROLL 3; THRU FACE CLOSE; * DRIFT APART;

- 1 - 4 Repeat meas from 1 to 4 of Interlude.
- 5 - 9 {bal L & R} sd L, XRib, R in plc; sd R, XLib, R in plc; {roll 3} comm LF (*W RF*) trn fwd L, fwd R, fcg ptr & Wall sd L; {thru fc cl} thru R, sd L, cl R to Bfly Wall;
 {drift apt} slow down the movements to match the music small stp bk L, -, - (*W bk R, -, - to arm's length*); * "Apart Point" is also acceptable

Forever I Do (HEAD CUES)

Sequence: Intro A B Inter A B B Ending

Intro: Op fcg pos fc W wait 2 meas ; ;

apt pt ; tog tch to Bfly ;

twsty bal L & R ; ; roll 3 ; thru fc cl to Bfly ;

Part A: WZ awy ; trn in to LOP ; bk WZ ; bk fc cl ;

WZ awy & tog ; ; solo trn 6 ; to Bfly W ;

vin 3 ; pkup ; prog box ; ;

fwd tch ; bk tch ; 2 L trns ; to Bfly W ;

Part B: bal L & R ; ; twrl vin 3 ; thru fc to Closed ;

box ; ; dip bk ; rec tch ;

lc acrs ; fwd WZ ; thru twkl 2X ; to Bfly COH ;

lc bk to LOD ; fwd WZ ; bal awy & tog ; to Closed W ;

Inter: L trng box ; ; ;

Part A: WZ awy ; trn in to LOP ; bk WZ ; bk fc cl ;

WZ awy & tog ; ; solo trn 6 ; to Bfly W ;

vin 3 ; pkup ; prog box ; ;

fwd tch ; bk tch ; 2 L trns ; to Bfly W ;

Part B: bal L & R ; ; twrl vin 3 ; thru fc to Closed ;

box ; ; dip bk ; rec tch ;

lc acrs ; fwd WZ ; thru twkl 2X ; to Bfly COH ;

lc bk to LOD ; fwd WZ ; bal awy & tog ; to Bfly W ;

Part B: bal L & R ; ; twrl vin 3 ; thru fc to Closed ;

box ; ; dip bk ; rec tch ;

lc acrs ; fwd WZ ; thru twkl 2X ; to Bfly COH ;

lc bk to LOD ; fwd WZ ; bal awy & tog ; to Closed W ;

Ending: L trng box (to Bfly) ; ; ;

bal L & R ; ; roll 3 ; thru fc cl ;

drift apt (*Apart Point);

MUSIC PREVIEW: [I Do](#)

