

POR DEBAJO DE LA MESA

Choreographers:	Mary and Bob Townsend-Manning, 1238 Sunrise Cir, Washington, UT 84780 (435) 773-8930, townsendmanning@gmail.com	
Music:	Por Debajo de la Mesa	Artist: Luis Miguel
	Album: Romances	3:04@45 rpm; speed to 49 rpm
Footwork:	Opposite, except where noted. Slip refers to a lowering and leg extension in preparation for the next step.	
Rhythm/Level:	Bolero III+1 (Cross Body)	Released May 2022
Sequence:	Intro A B Brg A B End	

INTRODUCTION

1---4 {BFLY WALL} WT ; ; HND-HND 2X ; TO OP LOD ;
 1-2 In BFLY WALL, wait 2 meas;;
 3-4 Sd L, -, swvl bk R to LOP RLOD, fwd L trng to fc ptr to BFLY WALL;
 Sd R, -, swvl bk L to OP LOD, fwd R;

5---8 BL WLKS ; TO BFLY WALL ; CRB WLKS ; ;
 5-6 Fwd L, -, fwd R, fwd L; Fwd R, -, fwd L, fwd R trng fc ptr BFLY WALL;
 7-8 Sd L, -, XRif, sd L; XRif, -, sd L, XRif to BFLY WALL;

PART A

1---4 BAS ; ; NY ; OP BRK ;
 1-2 Sd L, -, bk R & slp, fwd L; Sd R, -, fwd L & slp, bk R to BFLY WALL;
 3-4 Sd L, -, thru R with straight leg then slp, bk L trng to fc ptr LOP FCG
 WALL; Sd and fwd R, -, bk L & slp, fwd R (W Sd & bk L, -, bk R & slp, fwd L);

5---8 FNC LINE 2X ; ; UNDRM TRN ; REV UNDRM TRN ;
 5-6 Blending to BFLY WALL Sd L, -, X lun R, bk L; Sd R, -, X lun L, bk R;
 7-8 Sd L, -, XRif, fwd L (W Sd R, -, XLif trng RF ½, fwd R trng to fc ptr); Sd R,
 -, XLif, bk R (W Sd L, -, XRif trng LF ½, fwd L trng to fc ptr);

PART B

1---4 SPT TRN ; LUN BRK ; X BDY ; FWD BRK ;
 1-2 Sd L, -, XRif trng RF ½, fwd L trng to fc ptr in LOP FCG WALL;
 Sd and fwd R, -, extend L bk and sd no wgt, rise (W Sd & bk L, -, bk R & slp,
 fwd L);
 3-4 Sd & bk L trng LF, -, bk R trng LF & slp, fwd L trng LF (W Sd & fwd R with
 tr arm sweep, -, fwd L trng LF crossing in frnt of M, sm bk R) to LOP FCG
 COH; Sd and fwd R, -, sfwd L & slp, bk R (W Sd & bk L, -, bk R & slp, fwd L)
 to BFLY COH;

5---8 SHLDR-SHLDR 2X ; ; X BDY ; FWD BRK ;
 5-6 Sd L, -, XRif (W Xib) & slp, bk L; Sd R, -, XLif (W Xib) & slp, bk R to LOP
 FCG COH;
 7-8 Repeat meas 3-4 of Part B to BFLY WALL;;

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BRIDGE

1 **SLO RK 2 ;**
1 Rk sd L, -, rec R, - to BFLY WALL;

REPEAT PARTS A AND B

ENDING

1---4 **SHLDR-SHLDR 2X ; ; HIP LIFT 2X ; ;**
1-2 Repeat meas 5-6 of Part B;;
3-4 Sd L, -, bring R to L no wgt lift R hip, lower R hip; Sd R, -, bring L to R no
wgt lift L hip, lower L hip;
5---8 **HND-HND 2X ; TO OP LOD ; BL WLKS ; TO BFLY WALL ;**
5-8 repeat meas 3-6 of Intro;;;;
9--11 **CRB WLKS MUSIC SLOWS ; TO CP WALL ; SD CORTE ;**
9-10 In time with slowing music repeat meas 7-8 of Intro to CP WALL;;
11 Sd L, lower & pt R twd RLOD look twd RLOD, -, -;

HEAD CUES

INTRO

BFLY WALL WT ; ; HND-HND 2X ; TO OP LOD ; BL WLKS ; TO BFLY WALL ;
CRB WLKS ; ;

A

BAS ; ; NY ; OP BRK ; FNC LINE 2X ; ; UNDRM TRN ; REV UNDRM TRN ;

B

SPT TRN ; LUN BRK ; X BDY ; FWD BRK ; SHLDR-SHLDR 2X ; ;

X BDY ; FWD BRK ;

BRG

SLO RK 2 ;

A

BAS ; ; NY ; OP BRK ; FNC LINE 2X ; ; UNDRM TRN ; REV UNDRM TRN ;

B

SPT TRN ; LUN BRK ; X BDY ; FWD BRK ; SHLDR-SHLDR 2X ; ;

X BDY ; FWD BRK ;

END

SHLDR-SHLDR 2X ; ; HIP LIFT 2X ; ; HND-HND 2X ; TO OP LOD ; BL WLKS ;
TO BFLY WALL ; CRB WLKS MUSIC SLOWS ; TO CP WALL ; SD CORTE ;