

Words 3

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Phase III +1 [X-Body] Bolero

Music: Words (Bee Gee - Horizontal) Available at Amazon.com

Time: 3:18 as Downloaded

Footwork: Opposite for women unless noted

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Preview: youtube.com/watch?v=pAmlf9VWrqE

Sequence: Inter – A – A – Inter – B – End

Intro in Closed Position Facing Partner & Wall

Intro

1-4 WAIT 2 ;; HIP LIFT 2X ;;

1-4 wait 2 meas;; sd L drawg R to L, -, lift R hip, lwr R hip; sd R drawg L to R, -, lift L hip, lwr L hip;

Part A

1-4 BAS ;; UNDRM TRN ; FWD BRK ;

1-4 sd L, -, bk R, rec L; sd R, -, fwd L, rec R; sd L, -, ldg W under jnd ld hnds XRIBL

(W trng under ld hnds), rec L (W cont trn rec R to fc); sd & fwd R, -, chk fwd L (W bk R), rec R;

5-8 HND-HND 2X ;; CRB WKS ;;

5-8 sd L, -, beh R trng to OP, rec L to fc; sd R, -, beh L trng to OP, rec R to fc; sd L, -, XRIFL, sd L;

XRIFL, -, sd L, XRIFL;

9-12 X BODY ; OP BRK ; SHLDR-SHLDR 2X ;;

9-10 sd & bk L trng LF (W sd & fwd R), -, bk R w/ slip action (W fwd L in frnt of M), fwd L

(W sm sd R) total 1/2 LF trn; sd R, -, bk L extendg R arm (W bk R), rec R lwr R arm (W rec L);

14 in BFLY sd L, -, fwd R to BJO, rec L to fc; sd R, -, fwd L to SCAR, rec R to fc;

13-16 X BODY ; FWD BRK ; SHLDR-SHLDR 2X ;;

13-16 sd & bk L trng LF (W sd & fwd R), -, bk R w/ slip action (W fwd L in frnt of M), fwd L

(W sm sd R) total 1/2 LF trn; sd & fwd R, -, chk fwd L (W bk R), rec R; in BFLY sd L, -, fwd R

to BJO, rec L to fc; sd R, -, fwd L to SCAR, rec R to fc;

Repeat Part A

Inter

1-4 NY 2X [OP] ;; BO WKS 2X ;;

1-4 sd L, -, stp thru R to OP, rec L to fc; sd R, -, stp thru L to OP, rec R to OP; fwd L, -, fwd R, fwd L;

fwd R, -, fwd L, fwd R;

5-8 SPT TRN ; HIP LIFT ; TIM STP 2X ;;

5-8 sd L, -, XRIFL trng LF (W RF), cont trn rec L to fc; sd R drawg L to R, -, lift L hip, lwr L hip;

sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (WXRIBL), rec R;

Part B

1-4 BAS ;; UNDRM TRN ; RVS UNDRM TRN ;

1-4 sd L, -, bk R, rec L; sd R, -, fwd L, rec R; sd L, -, ldg W under jnd ld hnds XRIBL
(W trng under ld hnds), rec L (W cont trn rec R to fc); sd R, -, ldg W under jnd trail hnds XLIBR
(W trng under trail hnds), rec R (W cont trn rec L to fc);

5-8 SHLDR-SHLDR 2X ;; NY ; TIM STP ;

5-8 in BFLY sd L, -, fwd R to BJO, rec L to fc; sd R, -, fwd L to SCAR, rec R to fc; sd L, -, stp thru R
to OP, rec L to fc; sd R, -, XLIBR (W XRIBL), rec R;

9-12 NY ; BAS END ; FNC LN 2X ;;

9-12 sd L, -, stp thru R to OP, rec L to fc; sd R, -, fwd L, rec R; sd L, -, lunge thru R bent knee, rec L;
sd R, -, lunge thru L bent knee, rec R;

End

1-4 SHLDR-SHLDR 2X ;; CRB WKS ;;

1-4 in BFLY sd L, -, fwd R to BJO, rec L to fc; sd R, -, fwd L to SCAR, rec R to fc; sd L, -, XRIFL,
sd L; XRIFL, -, sd L, XRIFL;

5-8 SPT TRN ; BAS END ; SWAY L & R, HOLD ;;

5-8 sd L, -, XRIFL trng LF (W RF), cont trn rec L to fc; sd R, -, fwd L, rec R; sd L incline body from the
ankle upward away from the R foot, -, -, -; sd R incline body from the ankle upward away from
the L foot, and hold -, -, -;

Quick Cues

Intro: WAIT 2 ;; HIP LIFT 2X ;;

**Part A: BAS ;; UNDRM TRN ; FWD BRK ; HND-HND 2X ;; CRB WKS ;; X BODY ;
OP BRK ; SHLDR-SHLDR 2X ;; X BODY ; FWD BRK ; SHLDR-SHLDR 2X ;;**

**Part A: BAS ;; UNDRM TRN ; FWD BRK ; HND-HND 2X ;; CRB WKS ;; X BODY ;
OP BRK ; SHLDR-SHLDR 2X ;; X BODY ; FWD BRK ; SHLDR-SHLDR 2X ;;**

Inter: NY 2X [OP];; BO WKS 2X ;; SPT TRN ; HIP LIFT ; TIM STP 2X;;

**Part B: BAS ;; UNDRM TRN ; RVS UNDRM TRN ; SHLDR-SHLDR 2X ;; NY ; TIM STP ;
NY ; BAS END ; FNC LN 2X ;;**

End: SHLDR-SHLDR 2X ;; CRB WKS ;; SPT TRN ; BAS END ; SWAY L & R, HOLD ;;