

いい日旅立ち

Composers: Takao & Setsuko Ito

4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan

Record : “いい日旅立ち” CD: “Let's Dancing Vol.2” track No.3

Rhythm : RUMBA(ph III)

Speed : As on CD

Date : July 2011

Footwork : Opposite, directions for man(lady as noted)

Ver.1.0

Sequence : Intro - A - Bridge 1 - B - Bridge 2- B - Bridge 2- Ending



Meas

INTRO

1~10 V Bk to Bk M fc DC(W fc DW) Wait pickup notes & 2 meas;;
Circle Away & Tog;; Bolero Wheel 6(Fc Wall);;
no hands Shoulder to Shoulder;; Time Step: Spot Trn;

- 1- 2 V Bk to Bk position M fc DC(W fc DW) both lead foot free wait pickup & 2 meas;;
- 3- 4 (Circle Away & Tog)) Fwd L,R,L twd coh(W twd wall),-; Fwd R,L,R twd wall and partner(W twd coh),-;
- 5- 6 (Bolero Bjo Wheel 6) Blend Bolero Bjo fwd L commence RF wheel, cont RF Wheel R,L,-; Cont RF wheel R,L,R(fc Wall no hand joined),-;
- 7- 8 (no hands Shoulder to shoulder) XLIF of R(XRIB of L) extend R arm up with palm out, rec R to fc, sd L,-; XRIF of L(XLIB of R) extend L arm up with palm out, rec L to fc, sd R,-;
- 9 (Time Step) Still no hands joined XLIB of R, rec R, sd L,-;
- 10 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L fc partner and COH, sd R,-;

Meas

PART A

1~ 8 (Bfly/Wall) Basic;; New Yorker; Spot Trn; Break Bk to OP;
Prog Walk 3; Circle Away & Tog;;

- 1- 2 (Basic) Bfly/wall fwd L, rec R, sd L,-; Bk R, rec L, sd R,-;
- 3 (New Yorker) LOP/RLD Ck thru L, rec R fc partner, sd L,-;
- 4 (Spot Trn) XRIF of L commence LF trn, cont LF trn rec L fc partner and COH, sd R,-;
- 5 (Break Bk to OP) Swivel LF on R bk L OP/LOD, rec R, fwd L,-;
- 6 (Prog Walk 3) Fwd R, L, R,-;
- 7- 8 (Circle Away & Tog)) Fwd L,R,L twd coh(W twd wall),-; Fwd R,L,R twd wall and partner(W twd coh),-;

9~16 Shoulder to Shoulder;; Rev Underarm Trn; Whip fc COH;
Crab Walks;; Rev Underarm Trn; Whip fc Wall;

- 9-10 (Shoulder to Shoulder) Fwd L to Bfly/Scar, rec R to fc, sd L,-; Fwd R to Bfly/Bjo, rec L to fc, sd R,-;
- 11 (Rev Underarm Trn) XLIF of R,rec R,sd L(W XRIF of L under joined lead hands commence LF trn,rec L cont LF trn to fc partner,sd R),-;
- 12 (Whip) Bk R 1/4 LF trn, rec fwd R cont 1/4 LF trn fc coh, sd R(W fwd L outsd man on his left sd, fwd R 1/2 LF trn, sd L),-;
- 13-14 (Crab Walks) XLIF of R, sd R, XLIF of R,-; Sd R, XLIF of R, sd R,-;
- 15 (Rev Underarm Trn) XLIF of R,rec R,sd L(W XRIF of L under joined lead hands commence LF trn,rec L cont LF trn to fc partner,sd R),-;
- 16 (Whip) Bk R commence LF trn, rec fwd L cont LF trn fc Wall, sd R(W fwd L outsd man on his left sd, fwd R 1/2 LF trn, sd L),-;

Meas

BRIDGE 1

1 New Yorker in 4;

QQQQ 1 (New Yorker in 4) LOP/LOD Ck thru L, rec R fc partner, sd L, rec R;

Meas

PART B

1~ 8 Chase Peek-A-Boo;;; Bolero Wheel; W Overtrn Tandem; Peek-A-Boo;;

- 1- 4 (Chase Peek-A-Boo) Fwd L 1/2 RF trn fc COH, rec fwd R, cl L(W bk R, rec L, cl R),-; Sd R looking over left shoulder, rec L, cl R(W sd L, rec R, cl L),-; Sd L looking over right shoulder, rec R, cl L(W sd R, rec L, cl R),-; Fwd R 1/2 LF trn fc wall, rec fwd L, sd R(W fwd L, rec R, sd L),-;
- 5 (Bolero Bjo Wheel 6) Blend Bolero Bjo fwd L commence RF wheel, cont RF wheel R,L,-;
- 6 (W Overtrn Tandem) Cont RF wheel R,L,R(W cont RF wheel L,R,L overtrn RF on L) Tandem/Wall,-;
- 7- 8 (Peek-A-Boo) Sd L, rec R, cl L(W sd R looking over left shoulder, rec L, sd R),-; Sd R, rec L, cl R(W sd L looking over right shoulder, rec R, cl L),-;

9~16 W 1/2 LF Trn; Underarm Trn; Lariat;; Break Bk 1/2 OP; Prog Walk 6 w/Arm;; Chair Rec Fc;

- 9 (W 1/2 LF Trn) Fwd L, rec R, cl L(W fwd R 1/2 LF trn fc COH, rec L, cl R),-;
- 10 (Underarm Trn) Bk R, rec L, sd R(W XLIF commence RF turn under lead hand, cont RF trn rec R, sd L),-;
- 11-12 (Lariat) Sd L, rec R, cl L to R(W circle man CW with joined lead hands fwd R, fwd L, fwd R),-; Sd R, rec L, cl R to L(W cont circle man CW with joined lead hands fwd L, fwd R, fwd L fc partner and COH),-;
- 13 (Break Bk to 1/2 OP) Swivel LF on R bk L 1/2 OP fc LOD, rec R, fwd L,-;
- 14-15 (Prog Walk 6) Fwd R,L,R lead hand arm circle CW(W CCW),-; Cont arm circle fwd L,R,L,-;
- 16 (Chair Rec Fc) Thru R relax right knee lead arm extend fwd, rec L, sd R fc partner blend CP,-;

Meas

BRIDGE 2

1 2 Sd CIs;

- QQQQ 1 (2 Sd CIs) Sd L, cl R, sd L, cl R;

Meas

ENDING

1~ 2 (CP/Wall) Basic Tch; Corte;

- QQ- 1 (Basic Tch) Fwd L, rec R, tch L to R,-;
- S- 2 (Corte) Sd & bk L flex knee,-,-,-;