

MONA LISA

Song Title: Mona Lisa Smile (3:11): Artist: Joe Bourne: Available @ Amazon Music:

Rhythm: Waltz Phase II+2

+ Figures: interrupted Box & Hover

Speed: increased +9% {2:51} (adjust to suit)

Footwork: as per RAL Manual (or as described)

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Seq: Intro ABC B_{mod} End



Choreo: Stella & Peter Tennant

#115 - 5484 - 25th Avenue

Vernon, B.C., Canada V1T 7A8

e-mail: pstennant@shaw.ca

or: rdcuer@shaw.ca

Phone #: 1-250-542-3568

Music Link to listen: music.youtube.com/watch?v=UHBNGVZXjEI

INTROWAIT 2 MEASURES;; TWISTY BALANCE LEFT & RIGHT;;

1-4 BFLY/W ldt ft free wait 2 meas;; sd L, xib R, sd L; sd R, xib L, sd R;

TWIRL VINE; THRU FACE CLOSE [BFLY]; APART POINT; TOGETHER TOUCH [BFLY];

5-6 in BFLY fcg Wall relse trl hnd hld sd L ldtg W to trn RF undr jnd ldt hnds, xib R, sd L (W trng RF undr jnd ldt hnds sd & fwd trn R, sd & bk trn L, cont trng trn sd R) blnd to BFLY; thru R, sd L, cl R relse ldt hnd hld jn trl hnds;

7-8 in OP FCG apart L extnd ldt hnd to the side & look at ptrn, -, -; fwd R tog to BFLY fcg Wall, -, -;

A WALTZ AWAY; CROSS WRAP; BACK WALTZ LADY ROLL ACROSS;

1-2 BFLY/W relse jnd ldt hnds trn awy frm ptrn fwd trn L, sd & fwd R, cl L in OP fcg LOD; w/ trlg hnds jnd comm RF trn fwd trn R ldtg W to trn LF, cont trng xng LOD chgg sds pssg bhd W trn sd L, cl R (W kpg trl hnds jnd trng LF fwd trn L, chgg sds pssg in frnt of M sd trn R to fc rev, cl L) jn ldt hnds in WRAP pos fcg RLOD;

3-4 in Wrap pos fcg RLOD bk L, bk R, cl L; relse jnd trl hnds & ldtg W to trn LF sip R, L, R (W trng LF out of wrap pos trn sd L, cont trng LF trn sd R, cont trn sd & fwd) to end in LOP fcg RLOD;

TWINKLE THRU; PICK UP [CP/LOD]; 2 FORWARD WALTZES;;

5-8 fcg RLOD in LOP xif L, trng to fc ptrn sd R, cl L; thru R trng LF to fc LOD (W trng LF fwd trn L stpg in frnt of M to fc rev), sd L, cl R in CP fcg LOD; fwd L, fwd R, cl L; fwd R, fwd L, cl R;

2 LEFT TURNS;; BOX;;

9-10 in CP fcg LOD trng LF fwd trn L, sd trn R, cl L; cont trng LF bk trn R, sd trn L, cl R end fcg Wall in CP;

11-12 CPW fwd L, sd R, cl L; bk R, sd L, cl R;

DIP BACK & HOLD; RECOVER TOUCH; HOVER; THRU FACE CLOSE;

13-14 CPW bk L relax knee lvtg R leg extndd, -, -; rec R, tch L to R, -;

15-16 In CP/W fwd L, fwd & sd rise R, sd & fwd L to SCP; thru R, trng to fc sd L, cl R in CPW;

B INTERRUPTED BOX [SCP];;;;

1-4 in CP fcg Wall fwd L, sd R, cl L; bk R raise jnd ldt hnds ldtg W to trn RF, sd L, cl R (W fwd L, trng RF undr jnd ldt hnds curve fwd trn R, fwd trn L); fwd L, sd R, cl L (W cont crcl curve undr jnd ldt hnds fwd trn R, fwd trn L, fwd trn R completing full crcl undr jnd ldt hnds) blnd to CP; bk R, sd L, cl R blnd to SCP/LOD;

LACE UP [BFLY];;;;

5-8 relse trl hnd hld mvg diagnly ldtg woman undr jnd ldt hnds chg sds pssg bhd woman fwd L, fwd R, cl L in LOP; fcg LOD in LOP fwd R, fwd L, cl R rels ldt hnd hld jn trl hnds; ldtg woman undr jnd trl hnds chg sides pssg bhd woman fwd L, fwd R, cl L in OP/LOD; fwd R, fwd L, fwd R trng to fc ptrn in BFLY/W;

BALANCE LEFT; REVERSE TWIRL; TWINKLE THRU; PICK UP [CP/LOD];

9-10 BFLY/W sd L, xib R, sd L; mvtg twds RLOD ldtg W to trn LF fwd R, fwd L, fwd R (W trng LF undr jnd ldt hnds fwd trn L, sd & bk trn R, trn sd L) end in LOP;

11-12 in LOP fcg RLOD xif L, trng to fc ptrn sd R, cl L; thru R trng LF to fc LOD (W trng LF fwd trn L stpg in frnt of M to fc rev), sd L, cl R in CP fcg LOD;

BFLY/W: LFF

INTRO	WAIT 2 MEAS;; TWIRL VINE;	TWISTY BAL L & R;; THRU FC CL, BFLY;	APART POINT;	TOG TCH TO BFLY;
A	WALTZ AWAY; TWNKL THRU; 2 LEFT TURNS;; DIP BK & HOLD;	X WRAP fc Rev; PU to CP; BOX;; REC TCH;	BACK WALTZ; FWD WZ 2X;; HOVER;	LADY ROLL -X; THRU FC CL;
B	INTERRUPTED BOX – SCP;;;; LACE UP - TO BFLY;;;; BALANCE LEFT; FWD WALTZ; 2 LEFT TURNS;; 2 RIGHT TURNS;;	REV TWIRL; DRIFT APART; TWISTY VINE 3; TWIRL VINE;	TWNKL THRU; TWNKL THRU, 2X TO CP;; MANEUVER; PU TO CP;	PU TO CP;
C	LEFT TURNING BOX - TO SCAR;;;; 3 PROG TWNKLS <u>3X</u> TO BJO;;; 4 BACK PROG TWNKLS TO CP fc LINE OF DANCE;;;; 2 LEFT TURNS;;		FWD & TCH TO BJO;	
BMOD	INTERRUPTED BOX - SCP;;;; LACE UP - TO BFLY;;;; BALANCE LEFT; FWD WALTZ; 2 LEFT TURNS;; 2 RIGHT TURNS;;	REV TWIRL; DRIFT APART; TWISTY VINE 3; HOVER;	TWNKL THRU; TWNKL THRU, 2X TO CP;; MANEUVER; THRU FC CL TO CP;	PU TO CP;
END	TWISTY BAL L&R;; CANTER;	TWIRL VINE; APART & POINT;	THRU FC CL - BFLY;	