

THE FIRST FLOWER III

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 Music : "The First Flower" CD Prandi Sound Records "Rimini Open 10" track 3
 Rhythm : WALTZ ph III+2(Prom Sway, Oversway) Speed : As on CD
 Footwork : Opposite, directions for man(lady as noted) Date : MAY 2025 Ver.1.1
 Sequence : Intro - A - B - INT - A - C - Ending



Meas

INTRO

1~ 8 Bfly/Wall lead foot free for both Wait 2 meas;;
Balance L & R;; W Hold M Roll 3; M Hold W Roll 3; Thru SCP Chasse;
Pickup(CP/LOD);

- 1- 2 Bfly/Wall lead foot free for both wait 2 meas;;
 3- 4 {Balance L & R} Sd L, XRIB of L, rec L; Sd R, XLIB of R, rec R;
 5 {M Roll 3 W Hold} Sd & fwd L twd LOD comme LF trn, cont LF trn sd R, cont trn sd & fwd L(W Hold);
 6 {M Hold W Roll 3} Hold, -, -(W Sd & fwd R twd LOD comme RF trn, cont RF trn sd L, cont trn sd & fwd R) blend SCP/LOD;
 12&3 7 {SCP Chasse} Thru R, sd & fwd L/cl R, sd & fwd L SCP/LOD;
 8 {Pickup} Fwd R twd LOD lead W LF trn, sd L fc LOD, cl R(W fwd L front of man comme LF trn, cont LF trn sd R fc RL0D, cl L) CP/LOD;

Meas

PART A

1~ 8 2 LF Trns;(CP/Wall); Whisk; Wing to Scar; Trn L & R Chasse Bjo;
Bk Bk/Lk Bk; Impetus to SCP; Thru Sd Cl(CP/Wall);

- 1- 2 {2 LF Trns} Fwd L comme LF trn, sd R cont LF trn, cl L to R; bk R comme LF trn, sd L cont trn, cl R to L CP fc Wall;
 3 {Whisk} Fwd L, sd R, XLIB of R SCP/LOD;
 1-- 4 {Wing} Fwd R, draw L to R, tch L to R trning upper body LF(W fwd L cross in front
 (123) of M comme trning slightly LF, fwd R around M cont trn LF, fwd L around M complete LF trn to end in a tight Scar) Scar/DC;
 12&3 5 {Trn L & R Chasse Bjo} Fwd L comme LF trn, cont LF trn sd R/cl L, sd & bk R Bjo/RDC;
 12&3 6 {Bk Bk/Lk Bk} Bk L, bk R/XLIB of R, bk R;
 7 {Impetus to SCP} Bk L comme RF trn, cl R cont RF heel trn, SCP fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around M brush R to L, fwd R) SCP/LOD;
 8 {Thru Fc Cl} Thru R, sd L fc partner, cl R CP/Wall;

9~16 Interrupted Box;;; Scar Ending; Twinkle Bjo; Manuv; Pivot 3(SCP);
Thru Fc Cl(CP/Wall);

- 9-12 {Interrupted Box Scar Ending} CP/Wall Fwd L, sd R, cl L; Bk R release hold, sd L, cl R(W fwd L comme circle RF under lead hands, cont circle RF fwd R, L); Fwd L, sd R, cl L(W cont circle RF fwd R, L, R fc partner) blend CP; Bk R, sd L slightly RF trn, cl R Scar/RDW;
 13 {Twinkle Bjo} Fwd L commence LF trn, cont LF trn sd R, cl L Bjo fc DW;
 14 {Manuv} Fwd R(W bk L) commence RF trn, cont RF trn sd L, cl R CP/RL0D;
 15 {Pivot 3} Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe fc LOD, fwd L (W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn, cont trn fc LOD fwd R) SCP/LOD;
 16 {Thru Fc Cl} Thru R, sd L fc partner and wall, cl R CP/Wall;

Meas

PART B

1~ 8 Dip Bk; Manuv; Spin trn; Box Finish(CP/DC); 1 LF Trn;
Bk Trn Chasse SCP; Thru Prom Sway; Chg Oversway;

- 1-- 1 {Dip Bk} Bk L flex knee, hold, -;
 2 {Manuv} Rec R comme RF trn, cont RF trn sd L, cl R to L CP/RL0D;
 3 {Spin Trn} Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R);
 4 {Box Finish} Bk R commence LF trn, cont LF trn sd L, cl R fc DC;
 5 {1 LF Trn} Fwd L comme LF trn, sd R cont LF trn, cl L to R fc RL0D;

- 12&3 6 {Bk Trn Chasse SCP} Bk R comme LF trn, cont LF trn sd L/cl R, sd & fwd L SCP/LOD;
 12- 7 {Thru Prom Sway} Thru R, sd & fwd L stretch left sd look over joined lead hand, -;
 --- 8 {Chg Oversway} Relax L knee keeping R leg extended, slight LF trn stretch L sd of
 body, cont sway & look W(W look L);

9~16 Hover Exit SCP; Thru Chasse Bjo; Fwd Fwd/Lk Fwd; Manuv;
Impetus to SCP; Thru Hover Bjo; Bk Hover SCP; Thru Fc Cl(CP/Wall);

- 23 9 {Hover Exit SCP} Hold, sd R straight up comme RF trn, sd & fwd L to SCP/LOD;
 12&3 10 {Thru Chasse Bjo} Thru R, sd L/cl R, sd & fwd L Bjo/DW;
 12&3 11 {Fwd Fwd/Lk Fwd} Fwd R, fwd L/XRIB of L, fwd L;
 12 {Manuv} Fwd R comme RF trn, cont RF trn sd L, cl R to L CP/RLOD;
 13 {Impetus to SCP} Bk L comme RF trn, cl R cont RF heel trn, SCP fwd L(W fwd R heel
 to toe pivot 1/2 RF, sd & fwd L cont RF trn around M brush R to L, fwd R) SCP/DC;
 14 {Thru Hover Bjo} Fwd R, fwd L, rec R(W fwd L, fwd R 1/2 trn LF, rec L)Bjo/LOD;
 15 {Bk Hover SCP} Bk L, bk R, rec L(W fwd R, fwd L 1/2 trn RF, rec R)SCP/LOD;
 16 {Thru Fc Cl} Thru R, sd L fc partner, cl R CP/Wall;

Meas INTERLUDE

1~ 2 Twirl Vine 3; Pickup(CP/LOD);

- 1 {Twirl Vine 3} Sd L lead W RF trn, XRIB of L, sd L(W fwd R twd LOD comme RF trn
 under lead hand, sd L cont RF trn, cont trn fc COH sd R);
 2 {Pickup} Fwd R twd LOD lead W LF trn, sd L fc LOD, cl R(W fwd L front of M comme
 LF trn, cont LF trn sd R fc RLod, cl L) CP/LOD;

Meas PART C

1~ 8 Waltz Away; W Wrap; Fwd Waltz; W Roll Across(LOP/LOD);
Thru Twinkle to OP; Fwd Fc Cl(Bfly/COH); Step Swing to OP;
Spin Manuv(CP/LOD);

- 1 {Waltz Away} Fwd L twd DC(W twd DW), fwd R, cl L;
 2 {W Wrap} Fwd R twd DW, fwd L, cl R(W fwd L comme LF trn, sd R cont LF trn, cont
 trn small stp fwd L joined lead hand) Wrapped fc LOD;
 3 {Fwd Waltz} Fwd L, fwd R, cl L;
 4 {W Roll Across} Small stp bk R lead W LF roll twd COH, rec L, small stp fwd R(W
 sd and fwd L front of M comme LF roll twd COH, cont LF roll sd R, cont roll sd
 L) LOP/LOD;
 5 {Thru Twinkle} Fwd L comme LF trn, cont LF trn sd R, cl L OP/RLOD;
 6 {Fwd Fc Cl} Fwd R comme RF trn, cont RF trn sd L, cl R to L Bfly/COH;
 1-- 7 {Stp Swing to OP} Sd & fwd L blend OP fc RLod, swing R, -;
 8 {Spin Manuv} Fwd R comme RF trn lead W LF spin, cont RF trn sd L, cl R fc LOD
 (W stp in place L comme LF spin, cont spin R,L fc RLod) CP/LOD;

9~16 L Trning Box 3/4;;(CP/Wall); 1/2 Box Bk(Bfly/Wall);
Balance L & R;; M Roll 3 W Hold; M Hold W Roll 3(SCP/LOD);

- 9-11 {L Trning Box 3/4} Fwd L comme LF trn, sd R, cl L to R fc COH; Bk R cont LF trn,
 sd L, cl R to L fc RLod; Fwd L cont LF trn, sd R, cl L to R fc Wall;
 12 {1/2 Box Bk} Bk R, sd L, cl R to L CP/Wall;
 13-16 Repeat meas 3-6 of Introduction;;;;

Meas ENDING

1~ 2 Thru Prom Sway; Chg Oversway;

- 12- 7 {Thru Prom Sway} Thru R, sd & fwd L stretch left sd look over joined lead hand, -;
 --- 8 {Chg Oversway} Relax L knee keeping R leg extended, slight LF trn stretch L sd of
 body, cont sway & look W(W look L);

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W Hold M Roll 3; M Hold W Roll 3; Thru SCP Chasse; Pickup(CP/LOD);

PART A

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Bk Bk/Lk Bk; Impetus to SCP; Thru Sd Cl(CP/Wall);
9~16 Interrupted Box;;; Scar Ending; Twinkle Bjo; Manuv; Pivot 3(SCP);
Thru Fc Cl(CP/Wall);

PART B

1~8 Dip Bk; Manuv; Spin trn; Box Finish(CP/DC); 1 LF Trn;
Bk Trn Chasse SCP; Thru Prom Sway; Chg Oversway;
9~16 Hover Exit SCP; Thru Chasse Bjo; Fwd Fwd/Lk Fwd; Manuv;
Impetus to SCP; Thru Hover Bjo; Bk Hover SCP; Thru Fc Cl(CP/Wall);

INTER

1~2 Twirl Vine 3; Pickup(CP/LOD);

PART A

1~8 2 LF Trns;(CP/Wall); Whisk; Wing to Scar; Trn L & R Chasse Bjo;
Bk Bk/Lk Bk; Impetus to SCP; Thru Sd Cl(CP/Wall);
9~16 Interrupted Box;;; Scar Ending; Twinkle Bjo; Manuv; Pivot 3(SCP);
Thru Fc Cl(CP/Wall);

PART C

1~8 Waltz Away; W Wrap; Fwd Waltz; W Roll Across(LOP/LOD); Thru Twinkle to OP;
Thru Fc Cl(Bfly/COH); Stp Swing; Spin Manuv(CP/LOD);
9~16 L Trning Box 3/4;;(CP/Wall); 1/2 Box Bk(Bfly/Wall);
Balance L & R;; M Roll 3 W Hold; M Hold W Roll 3(SCP/LOD);

ENDING

1~2 Thru Prom Sway; Chg Oversway;