

TITLE : MAMMA MIA III

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CHOREO : Akihiro & Hiromi Tani E-Mail = aki-tani@ozzio.jp
15-99 Nazukari, Nagareyama City, CHIBA 270-0145 JAPAN
MUSIC : "Mamma Mia" by Dancebeat ORG TIME = 4 : 08
Album : Dancebeat 16 - Mamma Mia Let's Dance MPM = 30 MPM (100%)
FOOTWORK : Opposite unless indicated (W's footwork in parentheses)
RHYTHM : CHA (PHASE : III)
SEQUENCE : INTRO - A - B - INTER1 - A - B - INTER2 - B - END



INTRO

1- 4 WAIT;; CUCA TWICE;; CHS;;;

- 1- 2 Low BFLY/Wall wait 2 Measures;;
3- 4 Rk sd L, rec R, cl L/sip R, sip L; rk sd R, rec L, cl R/sip L, sip R;
5 Rk fwd L w 1/2 RF trn, rec R, fwd L/lk R, fwd L (W : rk bk R, rec L, fwd R/lk L, R);
6- 8 Rk fwd R w 1/2 LF trn, rec L, fwd R/lk L, fwd R (W : rk fwd L w 1/2 RF trn, rec R, fwd L/lk R, L); rk fwd L, rec R, bk L/lk R, bk L (W : rk fwd R w 1/2 LF trn, rec L, fwd R/lk L, fwd R); rk bk R, rec L, fwd R/lk L, fwd R (W : rk fwd L, rec R, bk L/lk R, bk L) to BFLY/Wall;

PART A

1- 8 BAS;; NY TWICE;; FNC LINE; CRB WLKs;; FNC LINE;

9-12 BRK to OP/LOD; CIRC AWY to FC; TIM STP TWICE;;

13-20 CHS 1/2 Tandem Wall;; PEEK-A-BOO TWICE;; FINISH CHS;; CUCA TWICE;;

- 1- 2 In low BFLY rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R;
3 Swvl RF on R to LOP/ROD rk fwd L, rec R to fc, sd L/cl R, sd L to BFLY/Wall;
4- 5 Swvl LF on L to OP/LOD rk fwd R, rec L to fc, sd R/cl L, sd R to BFLY/Wall; XLIF, rec R, sd L/cl R, sd L;
6- 10 XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/XRIF, sd L; XRIF, rec L, sd R/cl L, sd R; swvl LF on R (W : RF on L) rk bk L OP/LOD, rec R, fwd L/cl R, fwd L; circ CCW (W : CW) fwd L, fwd R, fwd L/cl R, fwd L fc ptr;
11 XLIB w extend hnds sd, rec R, cross bth hnds in frnt of chest sd L/cl R, sd L;
12 XRIB w extend hnds sd, rec L, cross bth hnds in frnt of chest sd R/cl L, sd R;
13-14 REPEAT meas 5~6 of PART INTRO;;
15-16 Rk sd L w extend hnds sd, rec R, cross bth hnds in frnt of chest cl L/sip R, L (W : rk sd R looking bk ovr L shldr w extend hnds, rec L cross bth hnds in frnt of chest, cl R/sip L, R); Rk sd R w extend hnds sd, rec L, cross bth hnds in frnt of chest cl R/sip L, R (W : rk sd L looking bk ovr R shldr w extend hnds, rec L, cross bth hnds in frnt of chest cl R/sip L, R);
17-18 REPEAT meas 7~8 of INTRO;;
19-20 REPEAT meas 3~4 of INTRO;;

PART B

1- 4 TWIRL VINE CHA; FNC LINE; CHS w UNDRM PASS;;

5- 8 REV UNDRM TRN; FNC LINE; CHS w UNDRM PASS;;

9-12 OPEN BRK; WHIP; 1/2 BAS; WHIP;

13-18 CHS w FULL TRN TWICE;; SHLDR to SHLDR TWICE;;

- 1- 2 Sd L, XRIB, sd L/cl R, sd L (W : undr jnd ld hnds sd & fwd R comm RF trn, cont RF trn sd & bk L, sd R/cl L, sd R) to BFLY/Wall; XRIF, rec L, sd R/cl L, sd R;
3- 4 Fwd L w 1/2 RF trn keep ld hnds jnd, rec R, fwd L/lk R, fwd L (W : bk R, rec L, fwd R/lk L, fwd R); Bk R, rec L arm leading W to trn undr ld hnds (W : fwd L, fwd R w 1/2 LF trn undr ld hnds fc ptr), sd R/cl L, sd R to BFLY/C; XLIF, rec R, sd L/cl R, sd L (W : undr jnd ld hnds sd & fwd R comm LF trn, sd & bk L cont LF trn, sd R/cl L, sd R) to BFLY/COH; XRIF, rec L, sd R/cl L, sd R; REPEAT meas 3-4 of PART B; to BFLY/Wall;
9 Rk apt L trail hand straight up, rec R to BFLY, sd L/cl R, sd L;
10-11 Bk R commence LF trn, cont LF trn rec L fc COH, sd R/cl L, sd R; rk fwd L, rec R, sd L/cl R, sd L;
12 REPEAT meas 10 of PART B to BFLY/Wall;
13 Rk fwd L w 1/2 RF trn, cont RF trn rec R fc wall, bk L/lk R, bk L (W : bk R, rec L, fwd R/cl L, fwd R);
14 Rk bk R, rec L, fwd R/cl L, fwd R (W : rk fwd L w 1/2 RF trn, cont RF trn rec R fc Wall, bk L/lk R, bk L);
15-16 REPEAT meas 13~14 of PART B;;
17-18 In BFLY XLIF (W : XRIB), rec R, sd L/cl R, sd L; XRIF (W : XLIB), rec L, sd R/cl L, sd R;

INTER-1

1- 4 CHS;;;

- 1- 4 REPEAT meas 5-8 of INTRO;;

INTER-2

1- 4 LACE UP;;;

- 1 Raise ld hnds XLIF bhnd W, sd R, fwd L/cl R, fwd L (W : undr jnd ld hnds sd & fwd R, fwd L, fwd R/cl L, fwd R) to LOP/LOD;
2- 4 Fwd R, L, fwd L/cl R, fwd L; chng hnds sd L, cl R, fwd L/cl R, fwd L to OP/LOD; fwd R, L, fwd R/cl L, fwd R to OP/LOD;

END

1- 8 CHASE;;; HND to HND TWICE;; CUCA TWICE;; SD DRAW CL; 2 SD CLs; SD LUNGE;

- 1- 4 REPEAT meas 5~8 of INTRO;;;
5 Swvl LF on R OP/LOD rk bk L, rec R to BFLY, sd L/cl R, sd L;
6 Swvl RF on L LOP/ROD rk bk R, rec L to BFLY, sd R/cl L, sd R;
7- 8 REPEAT meas 3~4 of INTRO;;
9-11 Sd L, draw R to L, cl R, -; sd L, cl R, sd L, cl R; lun sd L to LOD, bnd L knee, - , - ;

MAMMA MIA III

by Akihiko & Hiromi Tani

HEAD CUE

INTRO

Low BFLY/Wall WAIT;; CUCA TWICE;; CHS;;;

PART A

BAS;; NY TWICE;; FNC LINE; CRB WLKs;; FNC LINE;
BRK to OP/LOD; CIRC AWAY FC; TIM STP TWICE;;
CHS 1/2 TANDEM/Wall;; PEEK-A-BOO TWICE;;
FIN CHS BFLY/Wall;; CUCA TWICE;;

PART B

TWRL VINE CH; FNC LINE; CHS w UNDRM PASS;;
REV UNDRM TRN; FNC LINE; CHS UNDRM PASS;;
OPEN BRK; WHIP; 1/2 BAS; WHIP FC Wall;
CHS w FULL TRN TWICE;;; SHOULDER TO SHOULDER TWICE;;

INTER – 1

CHS;;;

PART A

BAS;; NY TWICE;; FNC LINE; CRB WLKs;; FNC LINE;
BRK to OP/LOD; CIRC AWAY FC; TIM STP TWICE;;
CHS 1/2 TANDEM/Wall;; PEEK-A-BOO TWICE;;
FIN CHS BFLY/Wall;; CUCA TWICE;;

PART B

TWRL VINE CH; FNC LINE; CHS w UNDRM PASS;;
REV UNDRM TRN; FNC LINE; CHS UNDRM PASS;;
OPEN BRK; WHIP; 1/2 BAS; WHIP FC Wall;
CHS w FULL TRN TWICE;;; SHOULDER TO SHOULDER TWICE;;

INTER – 2

LACE UP;;;

PART B

TWRL VINE CH; FNC LINE; CHS w UNDRM PASS;;
REV UNDRM TRN; FNC LINE; CHS UNDRM PASS;;
OPEN BRK; WHIP; 1/2 BAS; WHIP FC Wall;
CHS w FULL TRN TWICE;;; SHOULDER TO SHOULDER TWICE;;

END

CHASE;;; HND to HND TWICE;; SD DRAW CL; 2 SD CLs; SD LUNGE