UN P'TIT FOXTROT IV

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Music Un p'tit beguine (Slow Foxtrot /30 BPM)
Amazon Music - Lynn Garner Step Around the World - Amazon.co.jp

Footwork Opposite , directions for man (lady as noted)

Rhythm Foxtrot , Phase IV + 2 (Nat Weave ・ Lilt) Time : 2 : 27 (42.8rpm)

Sequence INTRO A B C B C A (1-12) ENDING Difficulty : Average

Note Timing is SQQ except where noted

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INTRO 1 — 4

1----4 BFLY/SCAR FC/DLW WAIT 2 MEAS ; ; FWD W DEVELOPE ;
FEATHER FIN BJO/DLC ;

1-2 (Wait 2 Meas) In BFLY Pos M Fcing / DLW w/lead foot free ; ;
S -- 3 (Fwd W Develope) Ck Fwd outsd ptr L and hold for rest of meas (W Step bk R ,- ,
lift L ft up sd of R leg , xtnd L leg fwd w/toe pointed down) ;
SQQ 4 (Bk Feather Finish) Bk R com LF , - , sd & fwd L cont LF trn , fwd R to BJO/DLC ;

PART A 1 － 16

1----8 REV TRN ; ; BJO/DLW WHISK SCP/DLC ; THRU CHASSE to SCP ;
PROM WEAVE ;; BJO/DLW THREE STEP ; CROSS PIVOT to SCAR/DLW ;

SQQ 1- 2 (Rev Trn) Fwd L comm LF bdy trn , - , sd R cont trn , bk L LOD to CP (W Bk R comm
SQQ LF bdy trn , - , cl L to R for heel trn cont trn , fwd R) ; Bk R cont LF trn , - , sd & fwd L ,
fwd R to BJO/DLW ;
SQQ 3 (Whisk) Fwd L , - , sd & fwd R ; XLIB of R to SCP/DLC (W Bk R , - , sd & bk L ,
XRIB of R) ;
SQ&Q 4 (Thru Chasse to Scp) Thru R , - , sd & fwd L/cl R , sd & fwd L ;
SQQ 5-6 (Prom Weave) Thru R ,- , blending to Cp fwd L trng LF , bk R to Bjo backing LOD ;
QQQQ Bk L in BJO , bk R blending to CP trng LF , sd & bk L toward DLW cont
LF trn to BJO ,fwd R outsd ptr BJO/DLW ;
SQQ 7 (Three Step) Fwd L heel lead blending to CP ,- , fwd R heel lead rising to toe , fwd L to
CP/DLW ;
SQQ 8 (Cross Pivot to Scar) Fwd R trn RF ,- , fwd L conti trning RF , fwd R
(W Bk L comm trn ,- , draw R to L trn RF on R heel , sd) SCAR/DLW ;

9-16 CROSS HOVER 3 TIMES to SCP/DLC ; ; ; SLOW SD LK CP/DLC ;
DIAMOND TRN ; ; ; ;

SQQ 9-11 (Cross Hover 3 Times) XLIF of R ,- , sd R w/rise trng LF , rec fwd L to BJO/DLC ;
SQQ XRIF of L ,- , sd L w/rise trng RF , rec fwd R to SCAR/DLW ;
SQQ XLIF of R ,- , sd R w/rise trng LF , rec fwd L to SCP/DLC ;
SQQ 12 (Slow Sd Lk) Thru R ,- , sd & fwd L to CP , cl R trng LF (W Thru L stg LF trn ,- , sd & bk R cont LF trn to CP , XLIF of R to CP/DLC) ;
SQQ 13-16 (Diamond Trn) Step fwd L ,- , fwd & sd R trng 1/8 LF to contra BJO , bk L trng 1/8 LF to contraBJO/DRC ;
SQQ Staying in contra BJO step bk R ,- , bk & sd L trng 1/8 LF ,
SQQ fwd R trng 1/8 LF to fc DRW ;
Staying in contra BJO step fwd L ,- , fwd & sd R trng 1/8 LF ,
SQQ bk L trng 1/8 LF to fc DLW ;
Staying in contra BJO step bk R ,- , bk & sd L trng 1/8 LF , fwd R trng 1/8 LF to CBJO/DLC ;

PART B 1 — 8

1---8 REV WAVE ; ; BK ,- , BK/LK , BK ; HESIT CHG CP/DLC ; TELEMARK to SCP ; IN & OUT RUNS ; ; THRU CHASSE to BJO/DLW ;

SQQ 1-2 (Rev Wave) Fwd L bgn LF bdy trn 3/8 (W Bk R bgn LF bdy trn 3/8) ,- , sd R LOD
SQQ (W Cls L to R w/heel trn) , bk L Diag (W fwd R Diag) ; Bk R twd LOD (W Fwd L) ,- , Bk L (W fwd R) , bk R crv LF (W fwd L cav LF) to end fcg RLOD ;
SQ&Q 3 (Bk ,- , Bk/LK , Bk) Bk L ,- , bk R/lk L , bk R ;
SQQ 4 (Hesit Chg) Comm RF upper bdy trn bk L ,- , sd R cont RF trn , draw L to R DLC (W Comm RF upper bdy trn fwd R ,- , sd L cont RF trn , draw R to L) ;
SQQ 5 (Telemark to Scp) Fwd L to CP comm LF trn ,- , fwd & sd cont LF trn (W Cl heel trn) , Sd & fwd L to SCP/DLW ;
SQQ 6-7 (In & Runs) Fwd R comm RF trn acrs frnt of W ,- , sd & bk L , bk R LOD (W Fwd L ,- , fwd R btwn M's ft , fwd L) to BJO/DRC ; Bk L comm RF trn ,- , fwd & sd R btwn W's ft cont RF trn , fwd L (W Fwd R outsd ptr comm RF trn ,- , sd & bk L cont RF trn , fwd & sd R)to SCP/LOD ;
SQ&Q 8 (Thru Chasse to Bjo) SCP/LOD Fwd R trn to fc ,- , sd L/cl R , sd L to BJO/DLW ;

PART C 1 — 8

1---8 OP NAT ; IMPETUS to SCP/DLC ; START NAT WEAVE : DBL BK LILT ; WEAVE ENDING ; REV FALLAWAY SCP/RDW ; SLIP PIVOT BJO/DLW ; CHG of DIC CP/DLC ;

SQQ 1 (Op Nat) Fwd R DLW to CP trng RF , - , sd L cont RF trn (W heel trn) , bk R to Bjo/RDC ;
SQQ 2 (Impetus to SCP) Comm RF bdy trn bk L ,- , cl R to L heel trn , sd & fwd L in SCP/DLC (W Fwd R in BJO ,- , sd & fwd L arnd M to brush R to L in SCP , sd & twd R in SCP) ;
SQQ 3 (Start Nat Weave) Fwd R comm RF trn ,- , sd L w/Left sd stretch trn RF to fc ptr , right sd lead bk R DLC (W Fwd L ,- , fwd R btwn his feet , fwd L to DLC) ;

QQQQ 4 (Dbl Bk Lilt) In BJO L , R , L , R w/lilting sction rising on 1 & 3 & ;
QQQQ 5 (Weave Endig) Bk L in BJO , bk R blending to CP trng LF ,
sd & bk L toward DLW cont LF trn to BJO , fwd R outsd ptr BJO/DLW ;

SQQ 6 (Rev Fallaway) Fwd L start LF trn ,- , sd & bk R to fallaway pos , bk L in fallaway pos SCP/RDW (W Bk R ,- ; sd L to fallaway pos , bk R in fallaway pos) SCP/RDW ;
SQQ 7 (Slip Pivot) Bk R trn LF (W Slip Pivot LF) to CP ,- , sd & fwd L twd DLW , fwd R to BJO/DLW ;

SS 8 (Chg of Dierc) Fwd L ,- , fwd R trng LF , draw L to R to CP/DLC

PART B 1 − 8

PART C 1 − 8

PART A 1 −12

ENDING 1 − 3 +

1-3+ TELEMARK to SCP/LOD ; THRU FC CL BFLY/WALL ; EXPRODE APT & TOG ; CUDDLE CORTE W/LEG CRAW ,- ,

SQQ 1 (Telemark to SCP) Fwd L comm LF trn ,- . sd R cont trn , sd & fwd L to SCP/LOD ;
SQQ 2 (Thru Fc Cl) Thru R comm RF trn to fc ptr ,- , sd L , cl BFLY/WALL ;
SS + 3+ (Explode Apt & Tog) Compress into lead hnds push apt L to "V" pos sweep lead arms up out ,- ; tog Cuddle Pos ,- ;
(Cuddle Corte w/Leg Craw) Corte bk L leaving R leg extended allowing W to raise her L knee up the outsd of M's R leg ,- ,