After Winter

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MUSIC: After Winter ARTIST:Twins Project ALBUM: Tanzen Lernen Leicht Gemacht 5
TIME: 3'00" Download from Casa Musica SPEED: just to suit (105%)
RHYTHM: WALTZ PHASE: II+1(Interrupted Box) DIFFICULTY: AVG
FOOTWORK: Opposite, except where noted Release : 18 Jul, 2026
SEQUENCE: INTRO-A-B-C-A-B-ENDING Rev.2 10 Aug 2026

INTRO

1-8 OP-FCG/Wall WAIT 2 MEAS;; APT PT; TOG TCH; ROLL 3; THRU FC CL; BOX;;

1-8 op-fcg pos fcg wall wait 2 meas;; bk L, pt R,-; tog R, tch L to bfly,-; comm lf(W rf) trn fwd L twd lod, cont trn sd R, comp trn fc ptnr sd L; thru R, sd L, cl R to cp fcg wall; fwd L, sd R, cl L; bk R, sd L, cl R;

PART A

1-8 WALTZ AWAY & TOG;; (BFLY) BAL L; REVERSE TWIRL; THRU TWINKLE to SCP; MANUV; 2 R TURNS to SCAR/DLW;;

1-4 insd hnds jond fwd L trng away ptnr, sd & fwd R to slight bk to bk, cl L; sd & fwd R trng fc to ptnr, sd& fwd L, cl R to bfly fcg wall; sd L, xib R, ip L; sd&fwd R twd rlod, fwd L, fwd R (W twirl lf under jond ld hnds fwd R,bk L,sd R) ;

5-8 fwd L trn to fc ptnr, sd R cont trn to vpos, cl L to scp fcg lod; fwd R comm rf trn, sd L cont rf trn to if of w,comp trn cl R to cp fcg rlod; bk L trn 1/4 rf,sd R ,cl L; fwd R trn 1/4 rf, sd L, cl R to scar fc dlw;

9-16 PROG TWINKLE 3 TIMES;;; FWD FC CL to CP/Wall; L TRNG BOX;;;;

9-12 trn body rf to scar fc dlw fwd L, trn body lf to cp sd R, trn body lf to bjo fc dlc cl L; fwd R, trn body rf to cp sd L, trn body rf to scar fc dlw cl R; fwd L, trn body lf to cp sd R, trn body lf to bjo fc dlc cl L; fwd R, sd & fwd L to fc ptnr, cl R to cp fcg wall;

13-16 fwd L trn 1/4 lf, sd R,cl L; bk R trn 1/4 lf,sd L,cl R; fwd L trn 1/4 lf, sd R,cl L; bk R trn 1/4 lf,sd L,cl R fc wall;

PART B

1-8 WALTZ AWAY; TURN IN to LOP; BK WALTZ; BK DRAW TCH; OP BOX;; TWINKLE to SCP; THRU FC CL;

1-4 insd hnds jond fwd L trng away ptnr, sd & fwd R to slight bk to bk, cl L; sd & fwd R trng fc to ptnr, cont trn sd & bk L to lop fcg rlod, cl R; bk L,bk R, cl L; bk R, draw L, tch L;

5-8 keep insd jond hnds fwd L,sd R,cl L; bk R,sd L,cl R; fwd L trn to fc ptnr, sd R cont trn, cl L to scp fcg lod; fwd R, sd&fwd L fc ptnr, cl R to cp fcg wall;

9-16 TWISTY BAL L&R;; TWISTY VINE; FWD FC CL; INTERRUPTED BOX;;;;

9-12 cp fcg wall sd L, xib R(W xif), ip L; sd R, xib L(W xif), ip R; sd L, xib R(W xif), sd L; xif R(W xib), sd L to fc ptnr, cl R;

13-16 fwd L,sd R,cl L; raise ld hnds bk R,sd L,cl R (W undr jond ld hnds curving fwd L,R,L); fwd L,sd R,cl L down to ld hnds (W undr jond ld hnds curving fwd R, to fc ptnr sd L,cl R) to cp; bk R, sd L, cl R to bfly; (2nd time cp fcg wall)

PART C

1-8 (BFLY) BAL L; CANTER R; BAL R; CANTER L; ROLL 3; THRU FC CL; BOX;;

1-8 bfly fcg wall sd L,xib R,ip L; sd R, draw L, cl L; sd R,xib L,ip R; sd L, draw R, cl R; comm lf(W rf) trn fwd L twd lod, cont trn sd R, comp trn fc ptnr sd L; thru R, sd L, cl R to cp fcg wall; fwd L, sd R, cl L; bk R, sd L,cl R;

REPEAT PART A
REPEAT PART B

ENDING

1-8 TWISTY BAL L&R;; TWISTY VINE; FWD FC CL; BOX;; DIP BK; TWIST;

1-8 same of part B 9-12;;;; same intro 7-8;; bk L bend knee,-,-; twist body little lf & hold;

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SEQUENCE: INTRO-A-B-C-A-B-ENDING

1-8 OP-FCG/Wall WAIT 2 MEAS;; APT PT; TOG TCH to BFLY;
ROLL 3; THRU FC CL; (CP) BOX;;

PART A

1-8 WALTZ AWAY & TOG;; (BFLY) BAL L; REVERSE TWIRL;
THRU TWINKLE to SCP; MANUV; 2 R TURNS to SCAR/DLW;;
9-16 (SCAR/DLW) PROG TWINKLE 3 TIMES;;; FWD FC CL fc Wall;
L TRNG BOX;;;;

PART B

1-8 WALTZ AWAY; TURN IN to LOP; BK WALTZ; BK DRAW TCH;
OP BOX;; TWINKLE to SCP; THRU FC CL;
9-16 (CP) TWISTY BAL L&R;; TWISTY VINE; FWD FC CL;
INTERRUPTED BOX;;;;

PART C

1-8 (BFLY) BAL L; CANTER R; BAL R; CANTER L;
ROLL 3; THRU FC CL; (CP) BOX;;

PART A

1-8 WALTZ AWAY & TOG;; (BFLY) BAL L; REVERSE TWIRL;
THRU TWINKLE to SCP; MANUV; 2 R TURNS to SCAR/DLW ;;
9-16 (SCAR/DLW) PROG TWINKLE 3 TIMES;;; FWD FC CL fc Wall;
L TRNG BOX;;;;

PART B

1-8 WALTZ AWAY; TURN IN to LOP; BK WALTZ; BK DRAW TCH;
OP BOX;; TWINKLE to SCP; THRU FC CL;
9-16 (CP) TWISTY BAL L&R;; TWISTY VINE; FWD FC CL;
INTERRUPTED BOX;;;;

ENDING

1-8 (CP) TWISTY BAL L&R;; TWISTY VINE; FWD FC CL;
BOX;; DIP BK; TWIST;